



LOYOLA UNIVERSITY RETREAT AND ECOLOGY CAMPUS

# RETREAT. RELAX. REFUEL. REFLECT.

INFORMATION GUIDE  
FOR FACULTY AND STAFF



# RETREAT.



## ABOUT THE CAMPUS

Located in scenic Woodstock, Illinois, approximately 50 miles northwest of Chicago, Loyola's Retreat and Ecology Campus provides a serene setting for overnight retreats, day meetings, team building, and community events. Encompassed by 98 acres of prairies, savannas, woodlands, wetlands, and ponds, Loyola's Retreat and Ecology Campus provides a peaceful setting that serves as place for spiritual and intellectual growth and allows guests to connect through the mind, body, and spirit.

Loyola's Retreat and Ecology Campus is open year-round and offers comfortable meeting spaces, housing accommodations, on premise catering and dining hall, a challenge course, culinary team building events, hiking trails, basketball/ tennis courts, a chapel, and much more!

We have a fundamental guiding principle of conservation on our campus by reducing, reusing, and recycling. Loyola is committed to restoring the maintaining the biodiversity of our campus and invites you to join in our mission of sustainability, conservation, and restoration during your stay with us.



### OVERNIGHT RETREAT PACKAGES

- Up to three meals in our dining room
- Overnight housing accommodations
- Meeting spaces/ audio-visual equipment

### ADDITIONAL RETREAT ADD-ONS

- Team building events (challenge course, culinary events)
- Workshops (farm workshops, restoration activities, eco-spirituality)

### HOUSING ACCOMMODATIONS

Available year-round, Loyola's Retreat and Ecology Campus can accommodate groups of 12-200. Select from two comfortable housing options, hotel-style and dorm-style, to meet your retreat needs. All of our housing accommodations are fully furnished and include bed linens, pillows, blankets, towels/ washcloths, and toiletries.

### HOTEL-STYLE ROOMS

Contemporary rooms with two double beds, desk, dresser, private bath/ shower, and air conditioning.

- Single occupancy nightly rate, \$80/ person
- Double occupancy nightly rate, \$70/ person



### DORM-STYLE ROOMS

Traditional rooms with two twin beds, desk, dresser, and community shower/ bath facilities.

- Single occupancy nightly rate, \$70/ person
- Double occupancy nightly rate, \$60/ person



# REFUEL.

## DINING AND CATERING OPTIONS

During your stay with us, our goal is to provide a satisfying dining experience. Our kitchen is managed by experienced chefs who create all meals from scratch, utilizing only locally sourced, fresh ingredients. We can accommodate a variety of special dietary restrictions including vegetarian, vegan, diabetic, gluten-free, lactose intolerant, and shellfish allergies.



LEARN MORE AT [LUC.EDU/RETREATCAMPUS/DINING](https://luc.edu/retreatcampus/dining).

## BUFFET STYLE MEALS

Included in the overnight retreat packages are breakfast, lunch, and dinner buffets served in the dining room. Chef's choice meals are included, but you may opt for a specialty cuisine for an additional fee.

## SNACK BREAKS

Morning, afternoon, and evening snacks are available. Select from a variety of options including fruit plates, veggie platters, granola bars, sweet & salty, chips & dip, cheeses, candy, and more!

## BEVERAGE STATIONS

Coffee, tea, juice, soda, or water stations can be available in your meeting spaces and will be replenished throughout the day.

## CATERING ENHANCEMENTS

Opt to turn your dining hall meal into a complete catered dining experience. Enhanced with linens, wait staff, and a plated meal based on your menu preferences. See Catering Guide for menu details.

## COCKTAIL RECEPTIONS

Add a cocktail hour (beer, wine, spirits) and hors d'oeuvres of your choice to any event. Supplemental cost will apply.

## DINING HALL MEAL PRICING

- Breakfast, \$7; Lunch, \$9; Dinner, \$11



## MEETING SPACES

We offer a variety of comfortable meeting spaces that encourage a true retreat experience. Select from multi-purpose rooms, classrooms, lounges, computer labs, and a chapel that vary in size and style and can accommodate up to 200 guests.

- **Small meeting room:** capacity 10–20
- **Mid-sized meeting room:** capacity 20–49
- **Large meeting room:** capacity 50–200

*\* Meeting spaces are included in retreat packages for no additional cost and based on availability.*

## AUDIO/ VISUAL SERVICES

Select from a variety of audio/ visual equipment for your event. Audio/ visual equipment will be set up by Loyola's event staff.

- A/V Package (laptop, LCD projector, screen, and Internet Access)
- Projection Screen
- Laptop
- Corded Microphone
- LCD Projector
- Television/ DVD Player combo
- Flip Chart or White Board

*\* Audio/ visual equipment is included at no additional cost and subject to availability.*



## TEAM BUILDING ACTIVITIES

Whether you are looking to do a retreat ice breaker, half, full day, or multi-day program, Loyola offers a variety of options designed for challenge, reflection, and learning. Select from our challenge/ropes course, culinary team building, or farm workshops.

## CHALLENGE COURSE

The challenge course at Loyola's Retreat and Ecology Campus is one of the largest in Illinois and includes a three-sided climbing tower, two high ropes courses, a zip line, and 15 low rope elements. Our programs are focused on building communication, goal-setting, problem-solving, and leadership skills that can be applied to everyday life.

- **Low Ropes:** 2–4 hours, \$25
- **High Ropes:** 5–6 hours, \$35

*\* We require a minimum of 12 participants and can accommodate groups of 100+. The challenge course is open in the spring, summer, and fall; weather permitting.*

## CULINARY EVENTS

Our goal is to provide an educational, energetic, and fun atmosphere to learn the basic fundamentals in the art of cooking while connecting people through food. Enhance your retreat experience by adding on a group culinary team building event, iron chef experience, employee incentive program, or farm workshop.

**Cost:** \$55–\$65/ person; 20% discount for Loyola groups

**Duration:** 1–3 hours per event; available for groups of 6-16 guests



LEARN MORE AT [LUC.EDU/RETREATCAMPUS](http://LUC.EDU/RETREATCAMPUS).

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